The 9 rules that passed

Out of 112 crypto rules tested on real price history, these 9 cleared a pass bar written down before we looked: they held over the full history AND since 2024. Everything else failed or came out mixed.

1. Does Bitcoin always come back? (every 50%+ fall since 2011, back to its record within 4 years)
So far, yes. Every 50%+ Bitcoin crash since 2011 got back to its old record within 0.5 to 3.2 years; the 2025 crash (-53%) isn't back yet.
https://coinskeptic.com/test/has-bitcoin-always-recovered-after-a-crash

2. All coins: sell when the BUY ZONE ends (vs holding)
Yes, on most coins: selling when the BUY ZONE ended beat holding on 80% of 273 coins, mostly because it got you out of coins that kept falling.
https://coinskeptic.com/test/all-coins-sell-when-the-buy-zone-ends

3. All coins: sell when a day closes below the 200-day average (vs holding)
Partly. Selling when a coin closed below its 200-day average beat holding on 81% of coins, mostly by losing less on falling coins; on coins that kept rising, Bitcoin among them, holding usually won.
https://coinskeptic.com/test/does-selling-below-the-200-day-moving-average-work

4. All coins: sell when a day closes below the 50-day average (vs holding)
Yes, on most coins: selling on a close below the 50-day average beat holding on 86% of 273 coins, mainly by cutting losses on falling coins.
https://coinskeptic.com/test/all-coins-sell-when-a-day-closes-below-the

5. Ether's turn: when the ETH/BTC ratio closes above its 50-day average after 20+ days below, does Ether beat Bitcoin over the next 30 days?
Barely. Ether beat Bitcoin by 2.0% more than usual after this signal, right at the bar and on only 30 signals, so it could be luck.
https://coinskeptic.com/test/ether-s-turn-when-the-eth-btc-ratio-closes

6. Bitcoin 60% + Ether 40%: rebalance monthly or never?
Yes. Rebalancing every month roughly doubled the result from 2016 ($3,171,299 vs $1,566,526), though since 2024 the edge was small.
https://coinskeptic.com/test/bitcoin-60-ether-40-rebalance-monthly-or-never

7. Size by calm: put more in the steadier coins (top-10 basket weighted by 1 / volatility)
Yes. Putting more into the steadier coins beat equal amounts ($114,240 vs $47,440) and fell less, but it still trailed Bitcoin alone.
https://coinskeptic.com/test/size-by-calm-put-more-in-the-steadier-coins

8. Strong dollar = weak crypto: sell when the dollar index is up 3%+ in 90 days

Yes, so far. When the dollar rose 3%+ in 90 days, coins did 8.5% worse over the next month, though with this many tests it could be luck.
https://coinskeptic.com/test/does-a-strong-dollar-hurt-crypto

9. Privacy coins after delisting news (Monero, Zcash, Dash; Bittrex 2021, OKX 2023, Binance and Kraken 2024)

Yes, but on very few events. After delisting news, privacy coins trailed Bitcoin by 14.2% on average over 30 days (before 2024).
https://coinskeptic.com/test/privacy-coins-after-delisting-news

How to read them honestly

- They win by losing less: most coins fall over time; on a coin that keeps rising, holding did better.
- Before fees and taxes, unless a test says otherwise.
- Some passes are luck: every pass is being re-checked live on new prices.
- Today's coins only: coins that died are mostly missing, which flatters holding.
- A past result is not a forecast. Information only, not financial advice.